

# CLARITY POINTE MENU

	BREAKFAST	LUNCH	DINNER	ALWAYS AVAILABLE
SUNDAY	Choice of beverage, fresh fruit, high fiber cereal of choice, poached egg, cornbeef hash, muffin or bagel, coffee, milk or juice	Chicken enchiladas, spanish rice, black beans, banana split dessert, choice of beverage, garnish of pinco de gallo	Eggplant with whitsauce, orzo, mixed green salad, dressing of choice, dinner roll, margarine, chocolate, trifle , choice of beveage, garnished diced red peppers	GRILLED CHEESE, CHICKEN TENDERS, HAM/TURKEY SANDWICH, FRIES, CHEF SALAD
MONDAY	Choice of beverage, fresh fruit, high fiber cereal of choice, sausage links, biscuits, gravy, margarine, jelly, coffee, milk or juice	Baked lemon tilapia, fruited couscous, seasoned asparagus, dinner roll, margarine, citrus twist trifle, choice of beverage, garnish lemon wedge	Grilled chicken, strawberry/walnuts and mixed green salad, dinner roll, margarine, golden peach crumble, choice of beverage, garnish	
TUESDAY	Choice of beverage, fresh fruit, high fiber cereal of choice, fried egg, bacon, whole wheat toast, margarine, jelly, coffee, milk or juice	Pulled BBQ pork sandwich, baked potato casserole, herbed green beans, dinner roll, margarine, spiced cake, choice of beverage, garnish pickel spear	French onion stew, arugula and mushroom salad, french bread, margarine, apple brown betty, choice of beverage, garnish parsley	
WEDNESDAY	Choice of beverage, fresh fruit, high fiber cereal of choice, sausage links, waffle, margarine, syrup, coffee, milk or juice	Shredded brisket roast, gravy, german potato salad, red cabbage, cornbread, margarine, banana w/ strawberries pudding, choice of beverage, garnish parsley	Tomato basil soup, crackers, grilled cheese, carrot raisin salad, margarine, strawberry parfait, choice of beverage, garnish pickle spear	
THURSDAY	Choice of beverage, fresh fruit, high fiber cereal of choice, over medium egg, cottage cheese, tomato slices, toast, coffee, milk or juice	Herbed pork and vegetables, parsley potatoes, dinner roll, margarine, four layer delight, choice of beverage, garnish lemon wedge	Turkey pot pie, buttered sweet potatoes, buttered corn, dinner roll, margarine, toffee bar, choice of beverage, garnish parsley	
FRIDAY	Choice of beverage, fresh fruit, high fiber cereal choice, breakfast casserole, muffin, margarine, jelly, coffee, milk or juice	Stuffed bell pepper, squash sauted, dinner roll, margarine, boston cream pie, choice of beverage, garnish parmesan cheese	Beef bourgigon, parslied bowties, spianch, dinner roll, margarine, seasonal fresh fruit, choice of beverage, garnish parmesan cheese	

**SATURDAY**

**Choice of beverage, fresh fruit,  
high fiber cereal of choice,  
sausage link, cinnamon french  
toast, margarine, coffee, milk or  
juice**

**Chicken monterey, rice pilaf,  
parslided carrots, dinner roll,  
margarine, angel food cake  
w/strawberries, choice of  
beverage, ganish pico de gallo**

**White bean and ham soup, mixed  
salad with dressing, crackers,  
applie pie crumbler, choice of  
beverage, garnish parsley**